

EAT. DRINK. SOCIALIZE.

CENTRAL CAFÉ

Monday – Friday
Breakfast: 07:00 am – 09:30 am
Lunch: 11:00 am – 1:00 pm

WEEK OF SEPTEMBER 8



WEEKLY BREAKFAST FEATURES

INCLUDES CHOICE OF SIDE

DENVER HASH BREAKFAST WRAP

cage free scrambled eggs, ham, peppers, mushrooms, and onions, swiss cheese and potatoes

FIT CITRUS BREAKFAST BOWL (V)
cilantro lime brown rice, spicy black beans, cage free fried egg, cilantro, and citrus tomato salsa

'ALL IN' MEAL DEAL

bacon, egg, and cheese english muffin with tater tots and minute maid juice

MON



PIRI PIRI: FIT CHICKEN

FIT chicken skewers over brown basmati rice with black eyed pea salad, sliced avocado, and spicy herb marinate drizzle with a 20oz water or soda

SOUP: cuban black bean

TUES

KITCHEN & CO: GARLIC SAGE PORK CHOPS

with smashed roasted red potatoes and spinach cheese stuffed zucchini. Add apple cobbler +2.95

BIBIMBAP GRAZE : gochujang chicken thighs, basmati rice

SOUP: chicken noodle

WED

BIG CITY BBQ: BBQ PULLED CHICKEN PLATE

bbq pulled chicken with bbq baked beans, honey mustard coleslaw, and macaroni salad and corn bread

BIBIMBAP GRAZE : bulgogi beef, brown rice, garlic ginger spinach, kimchee

SOUP: southwest tortilla

THURS

CHEF APPRECIATION WEEK: CHEF KIRSTIE'S FISH TACOS

grilled salmon topped with cabbage and chili coleslaw, pico de gallo, and cilantro lime crema in a corn tortilla with a grilled corn and avocado salad, corn chips, and a 20oz water or soda

BIBIMBAP GRAZE : gochujang chicken, soy sesame glazed mushrooms, kimchee

SOUP: loaded potato

FRI

FOOD TRUCK FAVORITES: WINGS TOSSED TO ORDER

crispy chicken wings with choice of rotisserie rubbed, buffalo sauce, or carolina gold sauce with french fries, carrots and celery, and blue cheese or ranch with a 20oz water or soda

SOUP: italian wedding

CONNECT WITH US

eatatpg.com

ashlee williamson | 513.773.6982 | ashlee.williamson@compass-usa.com



denotes registered dietitian pick

GRILL FEATURES

AVAILABLE ALL WEEK

includes choice of side

TRUFFLE BACON TURKEY BURGER

turkey burger with arugula, roasted roma tomatoes, maple bacon, and truffle parmesan mayonnaise on brioche

FIT PORTOBELLO BURGER (V)

grilled portobello mushrooms, lettuce, tomato, onion, and a cucumber yogurt sauce on brioche

SWAP YOUR SIDE

FIT "not your mom's" three bean salad (VG)

'ALL IN' MEAL DEAL

choice of cheeseburger, signature garden burger, or signature grilled chicken sandwich
Includes whole fruit, vegetable crudité, or bagged chips and 20oz water or soda

FEATURED HOUSE DRESSING

ROASTED GARLIC DRESSING (V)

MANDARIN ORANGE VINAIGRETTE (V)

DELI FEATURES

AVAILABLE ALL WEEK

includes choice of side

GREEK CHICKEN FLATBREAD

grilled chicken, romaine, carrots, cucumbers, feta cheese and tzatziki on flatbread

PESTO FONTINA ARUGULA MELT (V)

pesto, fontina, sundried tomatoes, and arugula on toasted focaccia

SWAP YOUR SIDE

FIT artichoke herb quinoa pasta salad

'ALL IN' MEAL DEAL

choice of garden hummus wrap, honey dijon ham sandwich, or turkey pesto mayo wrap
includes whole fruit, vegetable crudité, or bagged chips and 20oz water or soda